REF: SPOR Skiath CONTENTS LIST

## **Contents of Skiathos pack**

ref	title	destinations	difficulty	description	pages
SPOR/Skiath/1info		Skiathos Overview		general introduction for walkers	3
SPOR/Skiath/1	The Eight Beach Walk	Koukounaries, Banana* Small Banana, Eleni, Krifi Ammos, Mandraki, Gournes, and Agistros Beaches	200m up and down over 8 Km 2 hours (without stops)	Coastal route linking the 8 popular and less frequented beaches around the western end of Skiathos, with bars and cantinas on the way.	2
SPOR/Skiath/2D	Back from the Monastery	Evangelistra Monastery - Skiathos Town	200m descent over 4Km of marked paths and roads, about 1 hour	waymarked valley route from acclaimed monastery nestling in wooded hills	2
SPOR/Skiath/2U	The Monastery in the Mountains	Skiathos Town- Evangelistra Monastery	200m climb over 4Km of marked paths and roads, 1½ hours	waymarked valley route to acclaimed monastery nestling in wooded hills	2
SPOR/Skiath/3pan	Summit Panorama Diagram	Karaflidzanaka		Views from Karaflidzanaka summit	5
SPOR/Skiath/3U	To the Summit	Evangelistra Monastery to Karaflidzanaka	220m over 2.5 Km about 1 hour	Evangelistra Monastery to Karaflidzanaka	1
SPOR/Skiath/4U	The Ring Round the Mountain	Karaflidzanaka	400m overall up and down over 7 Km of 2½ hours	A high level walk round Karaflidzanaka, the highest point on Skiathos with views in all directions.	2
SPOR/Skiath/5D	Mountain Monastery and beaches	Evangelistra Monastery Nikotsaras, Megas Ammos, Glyfoneri, Xenanemos, airport - Skiathos Town	260m climb, 450m descent over 11 Km, 3 hours	From the monastery in the hills, down to the coast, returning to town via a series of coves and beaches.	2
SPOR/Skiath/6	Strolls in Skiathos Town	Bourtzi & Plakes beaches	Easy strolls	Short walks to popular spots for a sit and a swim	1

total 20

• 2019 update; some building work is affecting the Banana/ Little Banana section of this wa
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